

ITEM #:78625
BLOUNT SOUPS

Case UPC: 00077958786256
 Item UPC: N/A



[FROZEN]

Organic Lentil & Chickpea Soup

This hearty organic soup features lentils, chickpeas and tomatoes simmered in a herbed stock with select vegetables.

VEGETARIAN - VEGAN - GLUTEN FREE - DAIRY FREE - LOW FAT - HIGH FIBER - ORGANIC

Nutrition Facts

Serving Size 8 oz (227g)

Amount Per Serving

Calories 160 Calories from Fat 20

% Daily Value*

Total Fat 2.5g **4%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 790mg **33%**

Total Carbohydrate 26g **9%**

Dietary Fiber 7g **28%**

Sugars 4g

Protein 9g

Vitamin A 35% • Vitamin C 15%

Calcium 4% • Iron 15%

*Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: Vegetable Stock* (Water, Vegetable Base* [Carrots*, Onion*, Celery*, Sea Salt]), Water, Lentils*, Tomatoes* (Tomatoes*, Tomato Puree*, Naturally Derived Citric Acid), Chickpeas*, Onions*, Carrots*, Contains 2% or less of: Garlic*, Cilantro*, Canola Oil*, Sugar*, Turmeric*, Sea Salt, Spices* and Corn Starch*.

*Organic Ingredient



Case Configuration:

Case Pack: 4/4lb bags

Net Weight: 16 lb

Gross Weight: 17.5 lb

Case Cube: 0.43

Pallet Information

HI/TL: 5/18

Cases per Pallet: 90

Dimensions

Length: 13.32"

Width: 7.82"

Height: 7.14"

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